



**PROBLEMS AND SOLUTION DUE TO STUDENTS' ANXIETY IN  
SPEAKING ENGLISH**

**Submitted in partial in fulfillment of the requirements for degree of *sarjana*  
*pendidikan***

**by**

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### **DECLARATION OF ORIGINALITY**

Hereby I declare that the journal entitled “Problems and solution due to students’ anxiety in speaking English” is original and definitely my own work. I am completely responsible for all the contents.

Other writer’ opinions or findings included in this thesis are quoted and cited in accordance with ethnical standard.

SoE, Agust 31<sup>th</sup> 2018

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**APPROVAL SHEET**

**PROBLEMS AND SOLUTION DUE TO STUDENTS' ANXIETY IN  
SPEAKING ENGLISH**

Approving that this final project has been approved, examined, and defended in the Final Examination on August 31<sup>th</sup>, 2018.

SoE, September 18<sup>th</sup>, 2018

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# PROBLEMS AND SOLUTION DUE TO STUDENTS' ANXIETY IN SPEAKING ENGLISH

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## Abstract

The purpose of this study was to find out students' speaking problems of English Education Program students of STKIP SoE, and students' solutions to solve their anxiety in speaking English. This study was descriptive qualitative through semi-structured interview, in which eight students were interviewed. The instruments used in this study were observation and focus group discussion. The research revealed that English students in STKIP SoE have problems in speaking English covering both psychological and competence problems. The psychological problems include being nervous, being shy, being worry, fear of making mistakes, and lacking of self confidence while competence problems include imperfect pronunciation, grammatical competence, and lack of vocabulary. Therefore, to overcome the problems above, students practice the strategies like being brave and being confident in speaking, reading tenses books, listening English songs, watching English movies, playing English game, and finding addition resources.

**Key words:** Anxiety, Problem, Speaking, Solution

## INTRODUCTION

Speaking is the way to say something orally. When we talk about speaking, we do not just saying the words through mouth, but it also means conveying the message through the words of mouth as well. It is the process of making and sharing meaning that includes producing, receiving, and processing the information.

Speaking is included in English skills which needs to be learned by students. Students need to be aware of the language used to be comprehended in speaking. Therefore in the process of being able to speak the target or foreign language, students rely on their inputs not only from teachers but another sources as well. Teachers as the main source of the students' input need to create an available situation so all the students can interact one to another without feeling hesitated. The conducive situation, makes the students feel comfortable in the classroom and learning without another impeding factors, such as anxiety. Even so, anxiety becomes a big issue in learning a new language especially in speaking. Anxiety has a great impact on someone's self-confidence because it often makes someone experiences it failure when not being able to speak out and show his or her competence.

According to Young (1990 as cited on Occhipinit, 2009), "speaking foreign language is often felt by students as their most anxiety-producing experience". Instead, speaking is necessary for everyone who wants to learn foreign languages. Since speaking is one of the four major skills that necessary for effective communication in any language then speaking should be developed along with other skills, so that these integrated skills will enhance the students' ability to communicate. Thus, speaking is the most important skills to be