



**FACTORS CAUSING STUDENTS' ANXIETY IN ASKING QUESTIONS AND  
STRATEGIES TO OVERCOME ANXIETY IN ASKING QUESTIONS: The case of  
XA students of Akomodation Perhotelan in SMK Negeri 2 Soe**

**Submitted in Partial Fulfillment of The Requirements for Bachelor of Education**

**by**

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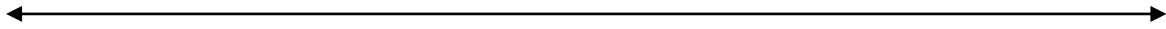
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### **DECLARATION OF ORIGINALITY**

Hereby declare that this thesis entitle “Factors Cuasing Students’ Anxiety in Asking Questions and Strategies to Overcome Anxiety in Asking Questions” is original and definitely the researcher’s own work. The researcher is completely responsible for all the contents of this thesis.

Other writers’ opinion or findings included in this thesis are quoted and cited in accordance with ethical standard

Soe, June 2020



**Meldi I. Oematan**

## APPROVAL SHEET

### **Factors Causing Students' Anxiety in Asking Questions and Strategies to Overcome Anxiety in Asking Questions: The Case of XA Students of Akomodasi Perhotelan in SMK Negeri 2 Soe**

This final project has been approved, examined and defended in the final examination on June 17<sup>th</sup>, 2020

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Examiners team

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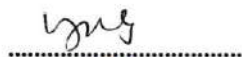
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## **Abstract**

This study attempts to find out factors causing students in Akomodasi Perhotelan of SMK Negeri 2's anxiety in asking question and strategies to overcome anxiety. A descriptive Qualitative research used in this study, through Focus Group Discussion and semi-structured interview, in which 9 students were interviewed. The finding revealed that the majority of students are anxious in asking question during teaching and learning process, both internal and external factors. Internal factors are the factors occur internally from themselves and external factors are factors come from their environment. However, to cope with their anxiety in asking question, they prepare their own strategies and solution for teachers and students to help them overcome their anxiety in asking question.

**Keywords:** anxiety; question; strategy.

## **INTRODUCTION**

Teaching and learning process is the heart of education. The fulfillment of the aim and objectives of education depend on the process. It is the most powerful instrument of education to bring about changes for students' behavior. In teaching and learning process, the teachers, learners and curriculum are organized in a systematic way to attain some pre-determined goal. Teaching is the process of providing opportunities for students to produce relatively permanent change through the engagement in experiences provided by the teacher. According to Sequeira (2017) teaching is a set of event, outside the learners which are designed to support internal process of learning.

Meanwhile, learning is relatively permanent change of a person knowledge or behavior due to experience. According to Sequeira (2012) learning is about change: the change brought about by developing a new skill, understanding a scientific law, changing an attitude. Basically, classroom teaching is most important and challenging part of education system. In the classroom activity, teaching and learning process involves teachers and students. Teachers teach the students and students learn from teacher and sometimes teacher also learn from students.